

ROSCOE GYM SCHEDULE

APRIL 1-9, 2024



SUN	MON	TUE	WED	THU	FRI	SAT
10:00-11:45am <i>Pickleball</i> <i>(walk-in)</i>	5:30-6:30am <i>Group Exercise</i>	5:30-6:30am <i>Group Exercise</i>	5:30-6:30am <i>Group Exercise</i>	5:30-6:30am <i>Group Exercise</i>	5:05-6:30am <i>Group Exercise</i>	6-10:45am <i>Group Exercise</i>
	6:45-7:45am <i>Open Gym</i>	6:45-8:45am <i>Open Gym</i>	6:45-7:45am <i>Open Gym</i>	6:45-8:45am <i>Open Gym</i>	6:30-7:45am <i>Open Gym</i>	10:45am-12pm <i>Open Gym</i>
	7:45-11am <i>Group Exercise</i>	8:45-11am <i>Group Exercise</i>	7:45-11am <i>Group Exercise</i>	8:45-11am <i>Group Exercise</i>	7:45-11am <i>Group Exercise</i>	
	11am-12pm <i>Pedaling for Parkinson's</i>	11am-12:30pm <i>Open Gym</i>	11am-12pm <i>Pedaling for Parkinson's</i>	11am-12:30pm <i>Open Gym</i>	11am-12pm <i>Pedaling for Parkinson's</i>	
	12:15-2:30pm <i>Open Gym</i>	12:30-2pm <i>Pickleball</i> <i>(walk-in)</i>	12:30-2pm <i>Pedaling for Parkinson's</i>	12:30-2pm <i>Pickleball</i> <i>(walk-in)</i>	12:15-2:30pm <i>Open Gym</i>	
	2:30-5:00pm <i>Open Gym (half)</i>	2:30-5:15pm <i>Open Gym (half)</i>	12:15-2:30pm <i>Open Gym</i>	2:30-5:15pm <i>Open Gym (half)</i>	2:30-6:00pm <i>Open Gym (half)</i>	
	5:00-8:00pm <i>Group Exercise</i>	5:15-7pm <i>Group Exercise</i>	2:30-5:00pm <i>Open Gym (half)</i>	5:15-7pm <i>Group Exercise</i>	6:00-6:45pm <i>Open Gym</i>	
		7-7:45pm <i>Open Gym</i>	5:00-7:00pm <i>Group Exercise</i>	7-7:45pm <i>Open Gym</i>		
			7:00-7:45pm <i>Open Gym</i>			

Schedule subject to change. All other times are open for basketball.

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ROSCOE GYM SCHEDULE

APRIL 10-16th, 2024



SUN, 14	MON, 15	TUE, 16	WED, 10	THU, 11	FRI, 12	SAT, 13
10:00-11:45am <i>Pickleball</i> (walk-in) HALF GYM ONLY	5:30-6:30am <i>Group Exercise</i>	5:30-6:30am <i>Group Exercise</i>	5:30-6:30am <i>Group Exercise</i>	5:30-6:30am <i>Group Exercise</i>	5:05-6:30am <i>Group Exercise</i>	6-10:45am <i>Group Exercise</i>
	Open Gym(half) 6:45-7:45am	6:45-8:45am <i>Open Gym</i>	6:45-7:45am <i>Open Gym</i>	6:45-8:45am <i>Open Gym</i>	6:30-7:45am <i>Open Gym</i>	
	7:45-11am <i>Group Exercise</i>	8:45-11am <i>Group Exercise</i>	7:45-11am <i>Group Exercise</i>	8:45-11am <i>Group Exercise</i>	7:45-11am <i>Group Exercise</i>	11:00-12:00pm <i>Open Gym(half)</i>
	11am-12pm <i>Pedaling for Parkinson's</i>	11am-12:30pm <i>Open Gym</i>	11am-12pm <i>Pedaling for Parkinson's</i>	11am-12:30pm <i>Open Gym</i>	11am-12pm <i>Pedaling for Parkinson's</i>	
	12:15-2:30pm <i>Open Gym(half)</i>	12:30-2pm <i>Pickleball</i> (walk-in)	12:00-1:00pm No Open Gym Tulips and Tea	12:30-2:00pm <i>Pickleball</i> (walk-in)	12:00-7:00pm No Open Gym SAC Youth Only	
	2:30-5:00pm <i>Open Gym (half)</i>	2:30-5:15pm <i>Open Gym (half)</i>	1:30-2:30pm <i>Open Gym</i>	2:30-5:15pm <i>Open Gym (half)</i>		
	5:00-8:00pm <i>Group Exercise</i>	5:15-7pm <i>Group Exercise</i>	2:30-5:00pm <i>Open Gym (half)</i>	5:15-7pm <i>Group Exercise</i>		
		7-7:45pm <i>Open Gym</i>	5:00-7:00pm <i>Group Exercise</i>	7-7:45pm <i>Open Gym</i>		
			7:00-7:45pm <i>Open Gym</i>			

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ROSCOE GYM SCHEDULE

APRIL 17-30, 2024



SUN	MON	TUE	WED	THU	FRI	SAT
10:00-11:45am <i>Pickleball (walk-in)</i>	5:30-6:30am <i>Group Exercise</i>	5:30-6:30am <i>Group Exercise</i>	5:30-6:30am <i>Group Exercise</i>	5:30-6:30am <i>Group Exercise</i>	5:05-6:30am <i>Group Exercise</i>	6-10:45am <i>Group Exercise</i>
	6:45-7:45am <i>Open Gym</i>	6:45-8:45am <i>Open Gym</i>	6:45-7:45am <i>Open Gym</i>	6:45-8:45am <i>Open Gym</i>	6:30-7:45am <i>Open Gym</i>	10:45am-12pm <i>Open Gym</i>
	7:45-11am <i>Group Exercise</i>	8:45-11am <i>Group Exercise</i>	7:45-11am <i>Group Exercise</i>	8:45-11am <i>Group Exercise</i>	7:45-11am <i>Group Exercise</i>	
	11am-12pm <i>Pedaling for Parkinson's</i>	11am-12:30pm <i>Open Gym</i>	11am-12pm <i>Pedaling for Parkinson's</i>	11am-12:30pm <i>Open Gym</i>	11am-12pm <i>Pedaling for Parkinson's</i>	
	12:15-2:30pm <i>Open Gym</i>	12:30-2pm <i>Pickleball (walk-in)</i>	12:15-2:30pm <i>Open Gym</i>	12:30-2pm <i>Pickleball (walk-in)</i>	12:15-2:30pm <i>Open Gym</i>	
	2:30-5:00pm <i>Open Gym (half)</i>	2:30-5:15pm <i>Open Gym (half)</i>	2:30-5:00pm <i>Open Gym (half)</i>	2:30-5:15pm <i>Open Gym (half)</i>	2:30-6:00pm <i>Open Gym (half)</i>	
	5:00-8:00pm <i>Group Exercise</i>	5:15-7pm <i>Group Exercise</i>	5:00-7:00pm <i>Group Exercise</i>	5:15-7pm <i>Group Exercise</i>	6:00-6:45pm <i>Open Gym</i>	
		7-7:45pm <i>Open Gym</i>	7:00-7:45pm <i>Open Gym</i>	7-7:45pm <i>Open Gym</i>		

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