

LIFEGUARDING

YMCA LIFEGUARD CERTIFICATION CLASS

The YMCA lifeguard certification course provides the training necessary to become a certified lifeguard. The course includes CPR for the Professional Rescuer, AED, Oxygen Administration, First-Aid, and YMCA Lifeguard Training. **Attendance at ALL classes, successful completion of skills tests, and written tests of all course material is required to receive certification.** Kendra Wagner is the Lifeguard Instructor and Julie Budde is the CPR/First-Aid/O2 Instructor.

Requirements for the course:

- Candidates must be at least 16 years old and have parental consent if under 18 years old.
- Swim continuous 500 yd swim (20 laps) demonstrating: front-crawl, breast-stroke, side stroke, and elementary backstroke.
- Tread water for 2 minutes-legs only.
- Surface dive to 9 feet.
- Candidates must bring: swim suit (one piece for females, towel, writing utensil EACH day.

Fees:

\$225.00 YMCA Member
\$250.00 Non-Member

Refunds: are only available if: Class is cancelled due to low enrollment, or you cancel at least 2 weeks prior to the first day. There are **NO** refunds after the first day of class

**The lifeguard class will be held at
the Stateline Family YMCA - Beloit
1865 Riverside Drive
Beloit, WI 53511
608-365-2261**

2010 Class Dates and Times:

Sunday, March 21st 2:00-6:00 PM

Sunday, March 28th 2:00-6:00 PM

No Class Easter Sunday

Sunday, April 11th 12:00-5:00 PM **FIRST-AID**

Saturday, April 17th 9:00-1:00 PM **CPR**

Sunday, April 18th 12:00-5:00 PM **CPR**

Sunday, April 25th 2:00-6:00 PM

Sunday, May 2nd 2:00-6:00 PM

Sunday, May 9th 2:00-6:00 PM

Attendance is required for successful completion of class.

For more information please contact:

Mary Geyer, Aquatics Director at 608-365-2261 or

mgeyer@statelinefamilyymca.org